

International Association of Athletics Federations

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To: MEMBER FEDERATIONS

Copy: Council Members
Committee and Commission Chairpersons
Members of the School/Youth Commission
IAAF Race Walking Committee Members
Area Associations
RDCs
HPTCs
Dentsu/AMS

Dear General Secretary

Re. Events for the 14/15 Year Old Age Category

The IAAF Competition Rules (in particular Chapter 5- Technical Rules) define under Rule 141 the different age categories recognised by the IAAF that are covered by official competitions.

Nevertheless, the practice of athletics does not start at the “Youth” age group and the IAAF, under the impetus of the School/Youth Commission, has decided to reinforce and develop the practice of our Sport for younger-aged children, even if it is not envisioned to create international competitions for them.

Regarding children between the ages of 7 and 12 years old, practice should be done in a playful and diverse manner: this is the role of “Kids’ Athletics” that has already been demonstrated during our courses and at exhibitions around the world.

To ensure an adequate transition between this recreational practice and athletics competitions, a multi-event team competition programme for educational purposes has been suggested for the 13 to 15 year olds. This programme was discussed during the Congress in Osaka and it will be provided in detail under a separate Circular within the coming weeks.

Today, with regard to individual practice, we encourage Member Federations to promote and reinforce at all levels (clubs, regional and national) the practice of our Sport by youngsters: boys and girls 14 to 15 years.

With a concern to ensure harmonisation and efficiency, the IAAF School/Youth Commission gave serious thought to the selection of events that would best suit this

age category and made a very precise recommendation to the IAAF Council during its last meeting in Monaco in November 2007.

In appendix please find listed the recommended events for your kind attention and the efforts towards putting them into practice in your country are appreciated.

Yours sincerely

A handwritten signature in blue ink, appearing to be 'P. Weiss', with a stylized flourish at the end.

Pierre Weiss
General Secretary

Enclosure: Events for the 14/15 Year Old Age Category

EVENTS FOR THE 14-15 YEARS OLD AGE CATEGORY

BOYS		GIRLS	
50m or 60m		50m or 60m	
100m		100m	
300m		300m	
800m	10	800m	10
3000m	10	3000m	10
1500m Steeplechase	1 & 10	1500m Steeplechase	1 & 10
Cross Country (4000m)	10	Cross Country (3000m)	10
100m Hurdles	2	100m Hurdles	7
300m Hurdles	3	300m Hurdles	8
High Jump		High Jump	
Pole Vault		Pole Vault	
Long Jump		Long Jump	
Triple Jump	4	Triple Jump	4
Shot Put 4kg		Shot Put 3kg	
Discus Throw 1kg		Discus Throw 800gr or 1kg	
Hammer Throw 4kg		Hammer Throw 4kg	
Javelin Throw 600gr		Javelin Throw 500gr or 600gr	
Triathlon	5	Triathlon	5
Pentathlon	6	Pentathlon	9
4 x 50m		4 x 50m	
4 x 100m		4 x 100m	
Race Walking 5km		Race Walking 3km or 5km	

1. four 0.76m-high barriers per lap - no water jump
2. from start to first hurdle: 13m - space between hurdles: 8.50m - from last hurdle to finish line: 10.5m - height of hurdles: 0.84m
3. from start to first hurdle: 50m - space between hurdles: 35m - from last hurdle to finish line: 40m - height of hurdles: 0,84m
4. boards at 7m, 9m or 11m
5. choice of: 1 race + 1 jump + 1 throw
6. Hurdles – Long Jump – Shot Put –High Jump – 1000m
7. from start to first hurdle: 12m – space between hurdles: 8m - from last hurdle to finish line: 16m – height of hurdles: 0.76m
8. from start to first hurdle: 50m - space between hurdles: 35m - from last hurdle to finish line: 40m - height of hurdles:0.76m
9. Hurdles – Long Jump – Shot Put –High Jump – 800m
10. Athletes' Participation: not more than one of these events per competition day